



Root Canal Treatment Aftercare

- After a root canal treatment, it is important to keep the area clean.
- Brush and floss normally, you can use an antibacterial mouthrinse after brushing and flossing.
- If you still have a temporary filling on the root canal treated tooth and have not received your permanent filling or crown yet, avoid chewing hard or sticky foods on the tooth until you have received your permanent restoration.
- You will experience discomfort after the procedure and it is normal for the discomfort to persist for a few days.
- For a quick fix, try rinsing with luke-warm saltwater. Otherwise, your dentist may recommend pain medication to help relieve your symptoms.
- Paracetamol and NSAIDS can be taken for pain if instructed by your dentist.
- Remember, as with all dental procedures, results are not guaranteed.
- Try to avoid strenuous activity for 2 days after your root canal procedure.

Contact Details

021 493 3633 // 060 347 5056

INFO@CPDENTAL.CO.ZA