

## Dye SR IPL Information

skinworth

*skin & laser clinic*

### Treatment Success

- Pulsed light treatment is the most effective long-term solution for Vascular and Pigmented Lesions.
- **Pulsed light does not guarantee permanent effects. Some clients may require more than one course.**
- **In rare cases treatment may not work at all.**
- For most effective results, subsequent treatments should be re-booked at appropriate intervals that will be determined by your practitioner.

### Number of Sessions and Intervals Between Sessions

- Pigmented lesions: 2 – 5 Treatments; 3 – 4 Weeks Interval
- Vascular lesions: 3 – 6 Treatments; 2 – 3 Weeks Interval

### Care and Recommended Guidelines

#### Prior the Session

#### Sun Exposure

- For an optimally effective and safe treatment, sun exposure is to be stopped at least 3-4 weeks prior to session. One month before the session, apply high SPF sun block on the area twice a day.
- The intake of sun activators or the use of chemical self-tanning lotions is to be stopped 2 weeks prior to session.

#### Skin Preparation

- Prior session, the skin is to be thoroughly cleaned either with soapy water or with a mild cleansing agent. Neither make-up nor fragrance should remain. If you applied a preparation with essential oils, it is very important you mention it.
- The area to be treated should be ideally shaved the day before the treatment session. If not, it will be shaved on the same day, (only if dark pigmented hair is visible in the treatment area).

#### During the Session

- You will be asked to wear special goggles to protect your eyes. Never look directly into the handpiece.
- During the session, you will feel a warm prickling sensation.

#### After the Session

- You must protect your skin with sun block and avoid any sun exposure that, without protection, could lead to the development of a post-treatment pigmentation.
- Use products that will enhance your AFT treatment that will be recommended by your practitioner.
- Do not expose the treated area to heat such as hot baths etc.
- Do not scratch the skin treated, if scabs form these must not be picked, or secondary infection is possible.
- Mineral make up is advised post treatment.

#### Possible Risks and Side-Effects

- Not observing the guidelines especially related to sun exposure may lead to a transient but long-lasting hypo/hyperpigmentation that may last on the average 3 months.
- On sensitive areas, oedema, erythema may develop but will remain no longer than 2 days.
- Some spots may lead to a purpura that will remain 3-5 days after the session. It will then be very important neither to rub the skin nor to expose it to the sun.
- For **Vascular Lesions** it is possible to have swelling followed by redness that may subside within a few days. A good reaction would be to see an immediate darkening of the vessel and oedema surrounding the vessel.
- For **Pigmented lesions**, the lesion will go darker before it goes lighter. Within 2-3 weeks after your session the lesion would either start to scab and fall off – or skin will absorb the fragments. It's important that you don't exfoliate at home.
- Heating sensation or pain – Patient may experience a heating sensation during or just following the treatment, however, such pain is transient and usually resolves after a few minutes.
- Perifollicular oedema.
- Crusting of lesions – important not to pick or scratch any scabs forming, as this could lead to possible scarring.
- Burns / Blisters – epidermal over heating may lead to superficial burns.

